

Energy Oat Balls

Total Time: 25 mins

Yield: 6 Energy Oat Balls

Steps

Step 1: Combine all dry ingredients in a bowl and mix until blended. (Oats, Flaxseed, Cinnamon)

Step 2: Add all remaining ingredients to the bowl, mix, then form them into 1" sized balls.

*Add dark chocolate chips if desired.

Step 3: If ingredients are not forming or feel dry, add 1 tbsp. of peanut butter at a time until desired consistency is achieved.



Ingredients

